

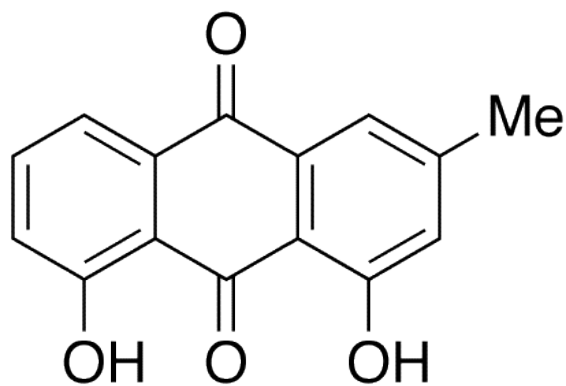
Cassia Obovata



Cassia Obovata

What is Cassia Obovata?

Cassia Obovata is a plant grown in East Africa and India and harvested for use in folk medicine hair as well as the hair care industry. Ancient Sunrise® Cassia obovata is 100% pure powdered, dried cassia leaves. Cassia powder has a pleasant smell similar to a heap of warm mowed grass. Cassia leaves and flowers contain chrysophanic acid (chrysophanol), a golden yellow anthraquinone molecule, chrysophanol (1,8-Dihydroxy-3-methylantraquinone). The chrysophanic acid in cassia can dye pale or gray hair a golden-wheat color, but the stain is not as permanent as henna. The dye is translucent and does not make dark hair a lighter color.



Chrysophanic acid (1,8-dihydroxy-3-methylantraquinone)

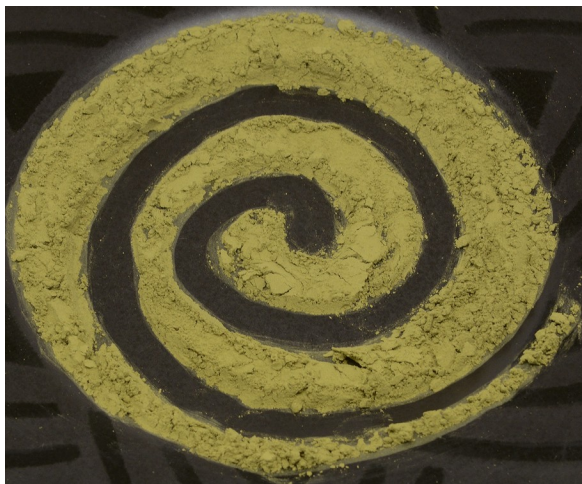
Cassia obovata is an excellent hair conditioner; it makes hair glossy and thick, and keeps the scalp healthy. Mix the green cassia leaf powder with warm water and apply it to hair for an hour

to condition hair. Mix cassia powder with a mildly acidic liquid and allow the mix to rest overnight to release the dye intermediates; apply to hair for several hours for a light golden stain.



Cassia obovata stains gray and white hair a wheat color with golden tones. This stain is not visible on dark hair. Cassia can condition and strengthen dark hair without changing the color.

The tannins and chrysophanic acid in cassia leaves have anti-fungal and anti-bacterial actions on skin. Refined chrysophanic acid is used to formulate topical eczema medications. Ancient Sunrise® cassia naturally contains chrysophanic acid and many of our clients report scalp eczema relief when they use cassia on their hair. Only a physician can diagnose or treat diseases. With a physician's permission, pure cassia, applied as a paste, may be used to relieve eczema symptoms.



Ancient Sunrise® Cassia obovata powder.

The tannins in cassia obovata can restore a soft texture to hair that has been damaged from bleach. Ancient Sunrise® has no metallic salts, chemical dyes or adulterants; it does not react adversely with other chemical hair products.

Cassia's tannins are particularly helpful for people with fragile relaxed and natural hair. Cassia can strengthen hair that has been damaged by relaxers, and relieve some scalp conditions caused by chemical treatments. When hair is fragile, has a very tight curl pattern and tends to break off, cassia can help hair grow longer by strengthening the hair and helping to maintain a healthy scalp. Cassia can restore the strength of hair damaged by swimming, chemical treatments, drying and UV damage from sunshine.

If the water you use to wash your hair is full of dissolved minerals, the minerals can accumulate in your hair. Some of those minerals may react with the cassia and turn your hair green, dark brown, or greenish black. Please test cassia on some hair harvested from your hairbrush! If the color looks strange, treat your hair with Ancient Sunrise® Rainwash from mehandi.com to remove the minerals before you dye your hair with cassia.



Cassia obovata flowers with seed pods beginning to form.

Cassia obovata is also known as cassia italica, senna obovata, and senna italica. Cassia and Senna are used often interchangeably in botanical texts. The seeds and leaves of cassia (*senna alexandrina*¹) contain sennosides; they are powdered and taken internally as a laxative, Senna. Powdered cassia obovata leaves do not have a laxative effect when applied to skin and hair.

¹ The laxative product marketed as 'senna' should not be used for hair conditioning or hair dye. Senna is a botanical cousin of Cassia Obovata, but is not the same plant.

Ancient Sunrise® Henna for Hair, Chapter 5, Plants that Dye Hair

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